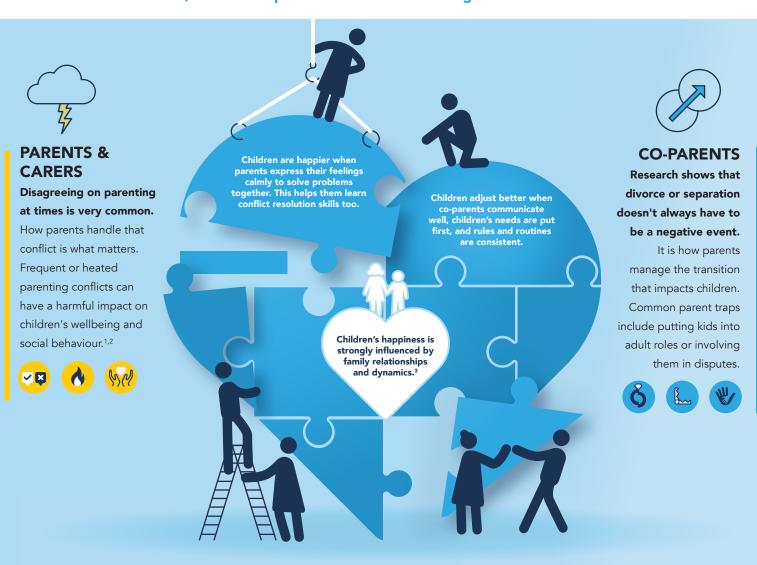
## PARENTING ON THE SAME TEAM



When parents, co-parents and grandparents communicate well and support each other, this can help create a stable and loving environment for children.





## **GRANDPARENTS**

When grandparents and parents cooperate well, it reduces stress and anxiety for the whole family.

While grandparenthood varies due to cultural and economic factors<sup>4</sup>, managing stress and communicating openly with their children can help create a loving, connected family.







Our research-backed programs give parents and carers the skills and confidence to work together to help their children thrive.

GET INSIGHTS INTO HOW TEAM PARENTING BENEFITS FAMILIES

Read Triple P's articles on:

Parental conflict >

Co-parenting >

**Grandparents** >