



Anti Bullying Policy

What is bullying?

Bullying is when someone hurts another person on purpose. This can be physically, like being pushed or hit, or emotionally, such as being called names or left out.



Bullying can be...

Verbal - being called names, teased or threatened



Physical - hit, tripped, pushed or kicked



Emotional - ignored, left out or having rumors spread about you



Cyber - horrible messages, pictures or images on social media, online game platforms or phones/tablets



Identity based - being targeted because of who you are or who you are perceived to be



Material - belongings being taken or damaged



What to do if I feel bullied?



Any trusted adult within the school will help. You could tell a teacher, support assistant, someone in the office/playground or janitor. Whoever you are comfortable with.

What will happen if you bully?

You must take responsibility for your actions. You will take steps to repair the harm you have caused. You will need to talk to an adult about your reasons for this behaviour.

What will our school do to help?

In school the adult will listen to your concerns and ask you questions about what is happening. They will make you feel safe and supported.



How can I be a positive role model?

This links to our school values:

- Show respect
- Show compassion
- Include others
- Fairness
- Treat others equally

Be Kind



Bullying and your Rights

Bullying takes away your rights. You have the right to be respected and feel safe at school, and bullying stops you from enjoying those rights.

